



## **German Federal Council: Schoolchildren should drink more oat milk**

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In addition to dairy milk, school lunch programs in the European Union will soon offer plant-based drinks as well. The German chamber of the Federal States has spoken out in favour of this.

The aim of this change was to do justice to current scientific assessments relating to the topics of nutrition, sustainability, and health. At the same time, the freedom of choice for schoolchildren would be increased. Last Friday (October 8th), the regional committee decided that, from now on, drinks made from regionally produced oats would be included to expand the range of products on offer. The federal government should first advocate for this at the European level.

### **Nutritional education leaves a lot to be desired**

The regional chamber sees a need for improvement in the nutritional education of young people. The EU school program is already making a contribution to providing a balanced diet and nutritional education at school. In addition, however, specific EU funding programs should be developed to strengthen healthy nutrition and nutrition education for children and young people. In this way, a substantial contribution can be made to sustainable daycare and school nutrition. This takes into account the goals of the EU farm-to-fork strategy and opens up "sales channels for regionally produced, ecological products beyond milk, fruit, and vegetables".